

Blue-green-algae
Aphanizomenon flos-aquae

Typical Nutrient Composition

Proteins	60%
Lipids	5%
Carbohydrates	24%
Chlorophyll	1%
Fiber	1%
Minerals	5%
Moisture	4%

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Amino acids **g/100g**

Tryptophan	0.72
Cystine	0.3
Methionine	1.05
Aspartic Acid	7.7
Threonine	3.38
Serine	2.74
Glutamic Acid	7.34
Proline	1.99
Glycine	2.89
Alanine	4.62
Valine	3.59
Isoleucine	3.33
Leucine	4.99
Tyrosine	2.04
Phenylalanine	2.41
Lysine	3.1
Histidine	0.93
Arginine	4.59

